## HELPS TO PREARE AND CONDUCT SESSIONS

## Part Two

# A LIST OF ITEMS USEFUL AS STARTERS AND ALSO AS ACTIVITIES FOR ALL SORTS OF EVENTS

#### 1. <u>USING THE BIBLE:</u>

- Acting.
- Role playing it.
- Rewrite it in your own way with adaptations.
- Expound it.
- Interpret it.
- Study some passages
- Persons and Characters of the Bible.
- Say the opposite
- A caricature.
- Quizzes.
- Parallel passages.
- Complementary passages.
- Read it or write it in the "here and now".

#### 2. PARABLES- STORIES A) GOSPEL PARABLES:

- Explain them. (Virgins, Banquet feast, etc.)
- Draw conclusions
- Apply them to specific circumstances.
- Modify them to the needs of the moment.
- Enlarge them.
- Group them according to topics.
- Write similar ones.
- Those that approve you those that condemns you.
- Apply to the parables all that was said in No. 1 above.

#### **B) OTHER PARABLES:**

- Existing ones.
- Your own.
- Ask the participants to invent their own.

### C) HOW TO USE THEM?

- Open Sharing.
- Restricted Sharing.

- 3. **WORD ASSOCIATION-** One or several free associations.
  - At the level of images.
  - At the level of feelings.
  - At the level of thoughts.
  - Followed by interpretation, clarification & discussion.
- **4. SLOGAN MANUFACTURE:** To convey ideas.
  - To create feelings.
  - To build images.
  - E.G. Happy marriages, Religious Life. Lay Apostolate.
- **5. SYMBOLIC DRAWING** For ideas.
  - For ideals or causes.
  - For self-revelation.
  - For situations.
  - For relationships.
  - For religious topics.
  - For vocation.
- **6. CREATI NG SYMBOLS**:- For propaganda.
  - For motivating.
  - For decision making.
- **7. CAPTION WRITING**: For self expression.
  - Symbol building.
  - Propaganda.
  - For projecting one's ideas and feelings.
- **8. NEWS PAPERS HEADLINES:** For self-expression.
  - Stressing the essentials.
  - Discovering biases and hidden assumptions.
  - For propaganda.
  - Creating public opinion.
- **9. STORY TELLING:** Full stories.
  - Complete a story already begun.
  - Give them the main points.
  - Give them the end of the story. They have to rebuild it.
- **10. PHOTO-LANGUAGE**: For self revelation.
  - Write a story on the picture.
  - Explain the contents.

#### 11. PLAN A PROPAGANDA CAMPAIGN: For instance on:

- A Happy Marriage.
- Choose Your Place In Life.
- What is a vocation?
- Vocations open to Christians.
- What is it to be a Sister, Brother, a Priest
- Lay Apostle.
- Missionary vocation.
- Lay Missionary etc....
- **12. PRAYER SERVICES:** The participants have to create their own.
  - The Moderator can give the Theme.
- **13. <u>LITURGIES:</u>** The Moderator suggests the theme and the form.
  - The participants will prepare them on their own.
- **14. WRITING OPPOSITES:-** Best and Worst.
  - Old versus New.
  - Pros and Cons.
  - What I like most... what I dislike most....
  - What attracts me... what repels me.
  - What I know about a topic ... What more I would like
    - to know about it. Etc.
- 15. ESSAY WRITING COMPETITION:
- **16. DEBATES:**
- 17. SYMPOSIA:
- **18. TAKING INTERVIEWS:** In private taking notes.
  - In public.
- 19. FANTASTIES:
- **20. ALLEGORIES:**
- 21. PANEL DISCUSSIONS:
- **22. BOMBARMENT OF** Collect them about a certain topic
  - **OBJECTIONS:** Pass them back to the audience
    - -Assess them, discuss them, and find solutions
- **23. ROLE REVERSAL**: -Take the opposite view.
  - -Impersonate the adversary.

**24. LISTING DOWN** -Share them.

**OUR FEARS:** -Examine them. How real are they

25. **GROUP DYNAMIC** E.g. –Jigsaw puzzles

**GAMES:** - Can't you hear me?

-Obstacle race.

26. "THE IDEAL" TO MY

**WAY OF THINKING** –"Ideal" Marriage.

-"Ideal" Priest.
-"Ideal" Sister.
-"Ideal" Brother.
-"Ideal Boy"

-"Ideal friend", etc...

**27. FIELD TRIPS** -- Mission Visit

- Visiting a Seminary, Novitiate.

- Slum visit, etc.

28 AWARENESS WALKS:

**28.** WORK EXPERIENCE – In a slum. In a factory. I n a village, etc

-CUM-LIVE' IN:

30. ATTITUDES TESTS:

31. **QUESTIONNAIRS** 

**32. QUESTION BOWL:** -The moderators or the participants frame the

questions or both of them do it.

-The questions are kept in a bowl and by turn the participants and the moderator reply to them.

33. PRIORITIES RANKING:

34. <u>SERENDIPITY EXERCISES:</u>

35.. BOOK REVIEW:

36. A/V MONTAGE:

**37. ADVERTS:** - Analyze them. Criticize them.

-Hidden Messages. Value Systems.

38. <u>SONG ANALYSIS:</u> .

- 39. <u>CASE STUDIES:</u>
  40. <u>ROLEPALYS:</u>
  41, <u>MIMES:</u>
- 42. POSTER -MAKING:
- **43. COLLAGE:**
- 44. PROBLEM SOLVING:
- 45. SHADOW PLAY:
- 46. PANEL DISCUSSION:
- **47** . **SCRIPT WRITING:** -Fr a play, or Film or ao skit, etc....
- 48.. PUPPET SHOW:
- 49.. <u>LETETR WRITING:</u>
- **50. DANCE DRAMA:**
- 51. FILM REVIEW / CINE FORUM:
- 52. FILM SHOOTING:
- 53. EX-PROMPTO ACTING:
- 54. POWER POINTS
- 55. <u>C,Ds</u> & <u>D.V.Ds</u>
- 56. RADIO PLAYS