

IGNATIAN INDIFFERENCE. (2nd part)

Quotes for Meditation and Prayer

Ignatian Indifference Brings Spiritual Freedom, Liberation, True Wisdom and Perpetual Joy

Spiritual Freedom`

- To be Rich or to be Poor
- To be clever or to be dull,
- To be handsome or to be deformed,
- To be strong or to be weakling,
- To be attractive or to be drab,
- To be striking or to be plain.
- To be learned or to be Ignorant
- To be educated or to be common,
- To be in health or to suffer,
- To be active or to be idle,
- To be used or to be set aside,
- To be loved or to be ignored.
- To be Successful or to Fail
- To be honored or to be despised,
- To be rewarded or to be passed over,
- To be known or to be unknown,
- To have friends or to have none,
- To live long or to die soon.

On neither can I set my Heart

In both I can equally serve God
Each is a gift of God,
And as such has equal value.

This only matters

That He chooses what He Wills
That I carry out that Will

- knowing Him,
- praising Him,
- loving Him,

Because He loved me first.

He is The Lord of all
He takes care for all.
To whom I owe so much

As one who has a work to do,
Because He has chosen me to do it.

(A. Goodier)

Liberation

To be slave of nothing,
To be the slave not even of myself,
To be able to make myself obey,
To make myself say “no”,
To make myself say “yes”.

To have a noble end in view,
To make myself live for it,
To be able to use all things for that end,
A life of sacrifice,
a life of endeavor

To be rid of useless burdens,
To shoulder my own burdens
To shoulder the burdens of my fellow-men,
Understanding all,
In sympathy with all.

To look at all things evenly,
Shunning none too much,
For there is good in all,
Desiring none too much,
For in all “too much” is evil

To live thus nobly,
To be obeyed by myself,
This is freedom,
The freedom of the children of God,
The freedom wherewith Christ has made them free.

(A. Goodier)

True Wisdom

To be contented with my lot in life
That I am born where you have willed me to be
That I have the upbringing you have arranged for

To be patient with myself

With the character you have given me
My failings and short comings

To be patient with others

The people you have put about me
The over-zealous, the indifferent

To make use of my opportunities

Just those you have given me
Opportunities for myself
Opportunities to help others

To be content with what success you give me

Success at which I have aimed
And only in part secured
Success of which I have never thought

To be content also with my failures

For these are no less your gifts
To believe in you always

To live in your hands always

To be always happy in you
No matter what may befall
To be always what you want me to be

To do always what you want me to do

To make your will my will
This is wisdom
And is worth more than learning.

(A.Goodier)

Perpetual Joy

When my sun is shining,
When my sky is dark,
When I am happy,
When I am in sorrow,

When I have done well,
When I have failed,
When the world is with me,
When the world is against me,

When I am on top of the world,

When I am in the valley of darkness,
When others are preferred,
When I am set aside,

When I have sinned, even,
I will rejoice in you, my God
And always in you,
My God, my father.

You are omnipotent,
Nothing is impossible to you,
You are the master of every situation,
Even this situation I am in,

I will praise you,
I will rejoice in you,
I love you.
I love your world.

And everything that happens in it.
You have so loved this world,
That you have sent your son into it,
You have made it your,
Dwelling place, your home.

You love me always,
You are loving me now,
And with Jesus, your son, and the Holy Spirit,
Are living in me,

And through me you are going about doing good,
Reconciling the world to yourself,
And the world to itself,
Giving abundant life,
New life, New joy,

Rejoice, my soul, in God, the Father,
Rejoice and be glad,
God is at work in you,
Completing his redemption, creation,

In you, through you,
Through the things that are happening,
In you, and around you,
REJOICE IN THE LORD, my soul,

(Unknown authorship)

