# **SUNDAY MASS OBLIGATION**

# Why do you go or not for Sunday Mass?

#### Note:

The jottings here below were taken from a Spanish Religious Magazine. They were the result of a survey conducted among a large number of youth about *The Sunday Mass Obligation*.

Only two questions were given to the youth:

**<u>First</u>**: For those who regularly go for Sunday Mass:

"Why do you go for Sunday Mass?"

**Second:** For those who regularly do not go for Sunday Mass

"Why do you not go for Sunday Mass?

Some of their answers were collared as given below.

### WHY DO YOU GO FOR SUNDAY MASS?

- 1. Because my family members go.
- **2.** Because it is compulsory.
- **3.** Because if I do not, I feel guilty.
- **4.** Because my friends go.
- **5.** Because I like to go.
- **6.** Because I have always gone.
- 7. Because I find it meaningful.
- **8.** Because I gain a lot from it
- **9.** Because my girl friend goes.
- **10.** Because I decided to go
- 11. Because if I do not go, my parents shout at me.
- 12. Because it makes me feel close to God.
- **13.** Because at Mass I can pray.
- 14. Because at Sunday Mass I meet my friends.
- **15.** Because otherwise I may become a lapsed catholic.
- **16.** Because I like the priests of my parish.
- **17.** Because it makes me feel part of the Parish Community.
- **18.** Became If I do not go, people will talk about me
- **19.** Because, to tell the truth I do not know why I go.

#### WHY DO YOU NOT GO FOR SUNDAY MASS.

- 1. Because it is boring.
- 2. Because it is meaningless.
- 3. Because I have no time
- 4. Because on Sundays I want to rest.

- 5. My parents hardly ever go for Mass, why should I?
- 6. Because when I was in school or in the boarding, they forced us to go for Mass every day. I heard already enough Masses for the rest of my life!
- 7. Because I get nothing out of it. It's a waste of time.
- 8. Because the sermons are too long.
- 9. Because I do not want to be a hypocrite
- 10. Because it does not make a difference in my life.
- 11. Because my friends do not go.
- 12. Because if I go, my companions make fun of me.
- 13. Because I do not like our priests.
- 14. Because Sundays are days of rest.
- 15. Because I do not like others to decide what I should do.
- 16. Because the priests preach one thing and do the opposite.
- 17. Because I wonder how any one can make it compulsory for me.
- 18. Because I can pray at home as well.
- 19. Because I go already for Mass on some week days.

## Suggestions on how to use the jotting above.

The replies above given by the youth, may offer you a beautiful chance of discussing with the them – and even with grown ups – the points hinted below and other similar ones.

- **1.** How did the actual Mass come to be what it is? What is its history and development?
- **2.** The structure of the Mass and its different parts.
- **3.** How to find meaning in our Mass Celebrations?
- **4.** How to participate in the Mass with profit?
- **5.** Should Sunday Mass attendance be made obligatory or not? Give your reasons for and against it.
- **6.** The Sacraments and the sacramental system?
- 7. The need man has for rituals and rites at all levels (religious, family, social, political cultural, national, etc.)
- **8.** What's the meaning and function of the Liturgy and of religious rituals? Are they necessary? Why? What are their dangers? How to avoid them?
- **9.** Common Christian Worship is wanted to preserve our Christian identity.
- 10. If in today's modern world, Christian community worship and Sunday Celebrations would disappear, Christianity would be doomed Someone said: It is not that the Jews that kept the Sabbath; it is the Sabbath that kept the Jews as a people. The same could be said of our old Traditional Christian Communities

## People who pray together stay together