

SECOND MODE OF PRAYER

PRAYER OF INTERCESSION

First Part : Teachings, Reflections and Hints

- Intercession means praying for others and for their needs.
- Intercessory prayer means asking God, “OUR “Father to bless, help and protect our Brothers and Sisters, all his children, all mankind.
- When the Disciples requested Jesus to teach them to pray, Jesus took it for granted that **prayer meant not only an individual praying to God for himself, but rather the community of God’s children or at least a member of the community praying in the name of all.**

When you want to pray, Jesus said: pray like this,:

OUR Father, (not my Father only)
Who art in heaven
Hallowed be thy name,
Thy Kingdom comes.
Thy will be done on earth as it is in heaven.
Give US, OUR daily bread, (not only, give me my daily bread)
Forgive US, OUR sins, (not mine only)
Do not lead US into temptation, (not only me)
Deliver US from evil, (not me only)

Sine God is our loving Father, the universal Father of all. When we pray we have to approach Him not with a selfish and egoistic attitude, but with an attitude of concern and love for all our brothers and sisters.

Even, alone and in solitude, when we pray, each one of us stands before God as a member of a Family. In a true way each one of us stands as a representative of the entire humanity.

In the Holy Scriptures, intercessory Prayer is enjoined on all of us. A very convincing text is found in the letter of St. Paul to Timothy.

“First of all, then, I urge that petitions, prayers, requests and thanksgiving be offered to God for all men: for kings and all others who are in authority, that we may live a quiet and peaceful life, in entire godliness and proper conduct. This is good and it pleases God our Savior, who wants all men to be saved and come to the knowledge of the truth. For there is only one God, and there is one who brings God and men together, Christ Jesus, who gave himself to redeem all men.”

I want men everywhere to pray – men who are dedicated to God and can lift their hands in prayer without anger or argument” (1 Tim 2/1-8)

BIBLE TEXTS ENJOINING US TO CARE, TO LOVE AND PRAY FOR OTHERS

Mt	5/38-42	Do not takes revenge. Love others
Mt.	5/43-48	Forgive others as your Heavenly Father does
Mt.	6/5-15	The Our Father
Mt.	7/1-5	Do not judge others, and then you will not be judged...
Mt.	7/12	Do to others what you want others do to you...
Mt	25/31-46	The parable of the Last Judgment
Jn.	17/1-26	Jesus praying for his disciples and his disciples to be
Lk	23/34	Jesus praying for his persecutors
1 Jn	3/11-18	Love one another
Eph	6/18-19	Pray always for God’s people
Phi.	4/6-7	Ask God for all you need (<i>You mean all</i>)
Col	4/2-4	Be persistent in your prayer.

Introductory Note:

Here below you will find an assortment of prayer exercises of intercession. They may help you in your personal prayer life, and also to guide others in their spiritual journey to God/