

# **THE THIRD DEGREE OF HUMILITY** **THE GREATEST POSSIBLE LOVE FOR JESUS**

## **Third Degree of Blessedness**

*Thoughts and prayers for the Exercise of Three Degrees of Humility  
 Ignatian Retreat 2<sup>nd</sup> week (From: The Life that is Light by A. Goodier)*

**“WE PROCLAIM CHRIST ON THE CROSS, A MESSAGE THAT IS OFFENSIVE TO THE  
 JEWS, AND NONSENSE TO THE GENTILES... BUT FOR THOSE WHOM GOD HAS  
 CALLED. THE WISDOM OF GOD” (Cor. 1.23-24)**

### **BLESSED ARE YOU.**

When they shall revile you,  
 And persecute you,  
 And speak all that is evil against you,  
 Untruly for my sake,  
 Be glad and rejoice,  
 For your reward is very great!.

### **BLESSED ARE YOU.**

When men think ill of you,  
 When men suspect you,  
 When men misjudge you,  
 When men misinterpret your deeds,  
 Untruly for my sake  
 For your reward is great,  
 They have done it to me before you.

### **BLESSED ARE YOU.**

When they shall attribute evil motives to you  
 When they shall speak evil of you,  
 When they shall prove you wrong,  
 When they shall bear witness against you,  
 Untruly for my sake,  
 Be glad and rejoice,  
 For your reward is great,  
 They have done it to me before you.

### **BLESSED ARE YOU.**

When they shall insult you,  
 When they shall speak evil to your face,  
 When they shall accuse you,  
 When they will show you dislike,  
 Untruly for my sake,  
 For your reward is great,  
 They have done it to me before you.

**BLESSED ARE YOU.**

When men shall ignore you,  
 When they shall deceive you,  
 When they shall trick you  
 When they shall plot against you,  
 When they will do you injury,  
 Untruly for my sake,  
 Be glad and rejoice,  
 For your reward is great,  
 They have done it to me before you.

**BLESSED ARE YOU.**

When men shall betray you,  
 Even your own.  
 When others shall desert you,  
 Even your own  
 When men shall deny you,  
 Even your own!  
 Untruly for my sake,  
 Be glad and rejoice,  
 For your reward is great,  
 They have done it to me before you.

**BLESSED ARE YOU.**

When men shall come out against you  
 When they shall treat you as if you were a thief,  
 When they shall believe you a charlatan,  
 When they shall apprehend you,  
 Untruly for my sake,  
 Be glad and rejoice,  
 For your reward is very great,  
 They have done it to me before you

**BLESSED ARE YOU.**

When they shall falsely accuse you,  
 When they shall falsely condemn you,  
 When they shall strike you in the face,  
 When they shall spit upon you,  
 When they shall assume your guilt,  
 When they shall throw you into prison,  
 Untruly for my sake,  
 Rejoice and be glad,  
 For your reward is very great,  
 They have done it to me before you.

**BLESSED ARE YOU.**

When they shall make a mockery of you,  
 When they shall scourge you,  
 When they shall crown you with thorns  
 When they shall clothe you with purple,  
 Untruly for my sake,  
 Be glad and rejoice,  
 For your reward is very great  
 They have done it to me before you.

**BLESSED ARE YOU.**

When men shall wound you,  
 In return for your healing them  
 When they shall pierce your hands,  
 In return for your serving them,  
 When they shall pierce your feet,  
 In return for your going after them,  
 When they pierce your heart,  
 In return for your love of them  
 When they shall be indignant,  
 That you will not save yourself,  
 When they shall do you to death,  
 In return for the life you gave them,  
 Untruly for my sake,  
 Be glad and rejoice  
 For your reward is very great,  
 They have done it to me before you.

**THESE THINGS I HAVE SPOKEN TO YOU,***(Jo. 16/1-2)*

That you may not be scandalized  
 They will put you out of the synagogue  
 Yea the hour is coming,  
 When whosoever kills you,  
 Will think that he does service to God

**IF YOU SUFFER ANYTHING FOR JUSTICE SAKE****BLESSED ARE YOU***(Pet. 3.14)*

For this is thankworthy,  
 If for conscience towards God,  
 A man endures sorrows,  
 Suffering wrongfully  
 If doing well you suffer patiently,  
 This is thankworthy before God,  
 For unto this you are called,

Because Christ also suffered for us  
 Leaving you an example,  
 That you should follow his steps.  
*(1 Pet.2/19-21)*

**FATHER, I WILL, THAT WHERE I AM**

They also whom thou hast given me,  
 May be with me.  
 (Jo. 17.24)

**THEY WENT REJOICING,**

That they were accounted worthy,  
 To suffer reproach,  
 For the name of Jesus.  
 (Acts 5., 41)

**PRAYER FOR THE THIRD DEGREE.**

Jesus Meek and Humble of Heart	Hear me, Jesus
From the desire of being esteemed	Deliver me, Jesus.
From the desire of being sought after	Deliver me, Jesus.
From the desire of being honored	Deliver me, Jesus.
From the desire of being praised	Deliver me, Jesus.
From the desire of being preferred.	Deliver me, Jesus.
From the desire of being consulted	Deliver me, Jesus.
From the desire of being approved.	Deliver me, Jesus.
From the desire of being over-estimated.	Deliver me, Jesus.
From the fear of being humbled	Deliver me, Jesus
From the fear of being despised,	Deliver me, Jesus.
From the fear of suffering rebuffs,	Deliver me, Jesus.
From the fear of being calumniated,	Deliver me, Jesus.
From the fear of being forgotten,	Deliver me, Jesus.
From the fear of being ridiculed,	Deliver me, Jesus.
From the fear of being injured,	Deliver me, Jesus.
From the fear of being suspected,	Deliver me, Jesus.
That others be loved more than I, to wish	Jesus grant me this grace
That others may increase in the worlds esteem. to wish	Jesus grant me this grace
That others may be employed, and I set aside. to wish.	Jesus grant me this grace

That others may be praised and I overlooked, wish.	Jesus grant me this grace to
That others may be preferred before me. wish.	Jesus grant me this grace to