# **ALICE AND THE CAT**

From: Stories, Parables and Fables of life of P. Ribes, s.j. Published by Gujarat Sahitya Prakash.

### Intent of the session.

- ✓ On having goals and aims in life
- ✓ Check on: Are you on the right path? Are you drifting?
- ✓ If you are drifting, you will reach somewhere: but, what that "some where" will be?
- ✓ Where" you should you really want to go?
- ✓ To awaken the participants to the thought that life has a purpose.
- ✓ To make them aware of the meaninglessness of many a human life.
- ✓ To set them thinking of their future.

### Uses of these jottings

For a prayer sessions
For personal reflection.
For group reflection and sharing.

### **Introductory Session.**

Singing hymns and bhajans. Opening prayer.

# The Story

Once upon a time, in Wonderland, Alice got lost in a forest. Desperately, she tried to find a road that would lead her somewhere. She ran helter skelter all over the forest Exhausted and breathless, she arrived at a forking of roads. Puzzled and anxious she asked herself: What road should I take? I wish someone would tell me?"

Fortunately, she spotted a cat sitting on tree overlooking a forking of roads. Anxiously she asked: "Mr. Cat, I am lost in this forest. Please, tell me what road should I take?"

The Cat replied:"Darling, tell me where do you want to go?" Confused and fumbling for words, Alice replied:"Well... well...Mr. Cat I can't tell you this. I myself do not know where I want to go. I am lost. Kindly, help me! I only want to reach somewhere"

Promptly, the Cat replied: "If you do not know where you want to go, and you only want to reach somewhere, it doesn't matter. Any road will do".

# Personal Work

### ASK YOURSELF FOLLOWING QUESTIONS

As far as possible, put your reflections in writing.

- 1. Do you really know where do want to go in life and what do you want to do?
- 2. Have you ever seriously decided what do you want to be and accomplish in your life?
- 3. Are you on the right path? Are you drifting? What makes you say so?

- 4. Do you allow others and the circumstances of life to take you where you wouldn't like to go?
- 5. Do you keep some companions that lead you astray? How will you break away from them?
- 6. Do you have some habits that keep you away from God?
- 7. Can you come back to the right path before it's too late? How?
- 8. What have you already accomplished in your life?
- 9. Is life worth living the way I do? Why?
- 10. What things have to change to make you life worth living?

## Personal Prayer and Reflection.

- > Spend a few minutes alone praying over your answers to the questions above.
- ➤ Write a prayer to God asking him to show you the way you have to walk, and what have you to do in your future.
- > Ask for the courage and strength to do it..

## **Group Sharing, Short Discussion and Prayer.**

- ✓ If the number of participants is too large divide them into smaller groups of not more than 10 each. Secure moderators for the small groups.
- ✓ All participants will share their reflections with their companions. *They will free to share only that much they feel comfortable to share.*
- ✓ After their sharing, they will pray spontaneously pray for one another.
- ✓ Close by singing appropriate hymns.

### PRINCIPLES FOR RIGHT AND SUCCESSFUL LIVING.

- ➤ Do not allow things just to happen in your life. Make them happen!
- > In life, be an Actor not a Reactor. Be an engine, not a coach.
- > There is no use crying when it's too late. Chances, once gone, will never return.
- No use locking the stable when the horse has been robbed. (Old proverb)